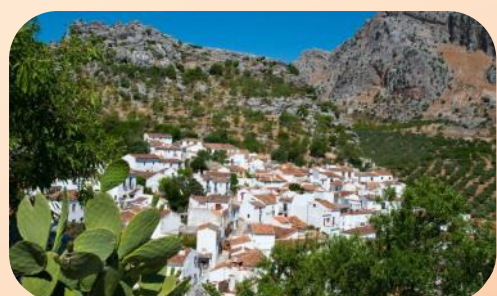


# Montejaque Circular

Cycling - 41km



This route makes a circuit to the west of Ronda, passing through rural countryside and through two small, sleepy white villages. It includes a couple of good hill climbs which will ensure a good work out for your legs and lungs but you also get to enjoy some long, sweeping descents as your reward.

From Ronda we head down to the Guadiaro river, where we make a short stop at the Cueva del Gato, "Cat Cave". This local beauty spot, with a small waterfall and beautiful pool of crystal clear (but very cold!) water, it is the exit point of the 7km underground river which starts up in the mountains by the Hundidero Dam— where we are headed. We climb steadily up into the mountains and through the villages of Benaoján and Montejaque, including a quick coffee stop on the village square. Just beyond Montejaque, the Hundidero Dam hides within a narrow rocky gorge, providing us with a short, challenging stretch of twisting mountain road which dips into the gorge and back out the other side. We continue through arable countryside and ride down through cork forest into the valley of La Indiana, before climbing back up the hill to Ronda.

**Distance:** 41km  
**Time:** 4-5 hours  
**Ascent:** 792 metres  
**Descent:** 720 metres  
**Max Alt:** 791 metres  
**Start:** Ronda  
**Finish:** Ronda

### Included in our prices:

- British Cycling qualified guide
- Quality Hybrid bike
- Helmet
- Water Bottle

[CONTACT US](#)

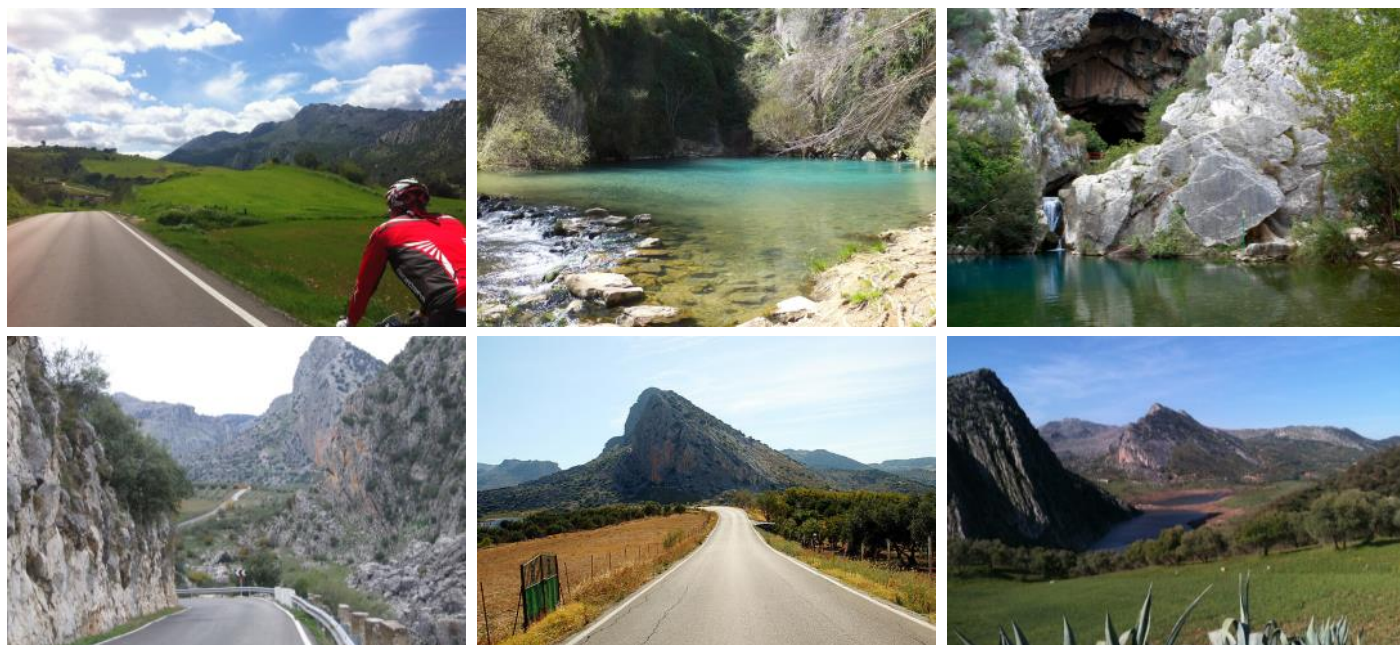
€ 50 p.p.\*

\* price is based on a minimum of 2 people.



## CLIMB DETAILS

Rating	Start/End Points	Length	Start/End Elevation	Avg Grade
5	0.10 km/1.00 km	0.90 km	722 m/742 m	2.3%
2	12.85 km/21.88 km	9.03 km	439 m/768 m	3.6%
3	29.41 km/39.55 km	10.14 km	487 m/742 m	2.5%



Tel: 0034 638 873 279 [email: info@hikeandbikeholidays.com](mailto:info@hikeandbikeholidays.com)

Hike + Bike The Sierras, 5 Plaza Prado Viejo, 29400 Ronda  
 Activ Turismo No. AT/MA/00221