

# Africa Mirador Circular

Cycling - 45km



This challenging ride takes us on a circular loop through the river valley and mountain ridges of the Guadiaro Valley. Lots of climbing and a fantastic descents.

From the river in the base of the Guadiaro valley, we ride steadily uphill to the top of a mountain ridge, with views of the Genal Valley on one side and back down to the Guadiaro valley on the other. We follow the ridge on a series of steady climbs, passing four white villages, to the Africa Mirador "viewpoint" which sits at a high point on a major bird migration route from the southern continents up into Europe and delivers on its promise of fabulous views across to Africa and Gibraltar. Then we turn off the ridge and head back down into the Guadiaro valley on a fast 10km descent which seems to go on forever. At the bottom of the river valley, we head straight back up on a climb to the village of Cortes de la Frontera on the opposite side. We finish with a nice easy descent into the riverside hamlet of Jimera estacion.

**Distance:** 45km  
**Time:** 5-6 hours  
**Ascent:** 1363 metres  
**Descent:** 1363 metres  
**Max Alt:** 860 metres  
**Start:** Jimera Estacion  
**Finish:** Jimera Estacion

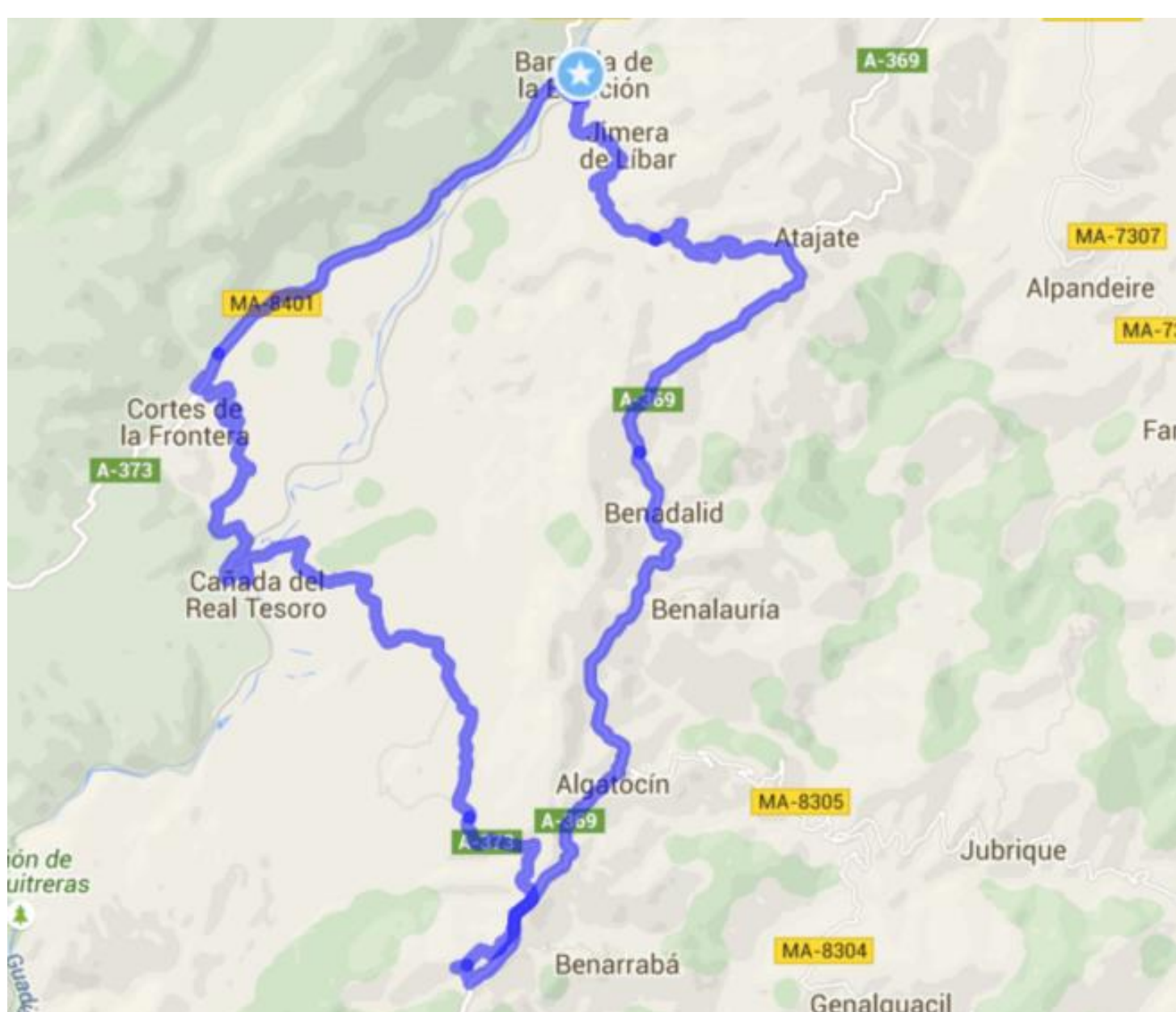
### Included in our prices:

- Transfer to the start point and return to Ronda
- English speaking guide
- Quality Hybrid bike
- Helmet & water bottle

**CONTACT US**

**€ 55 p.p.\***

\*price is based on a minimum of 2 people



## CLIMB DETAILS

Rating	Start/End Points	Length	Start/End Elevation	Avg Grade
	0.10 km/8.73 km	8.63 km	398 m/787 m	4.5%
	11.64 km/14.45 km	2.81 km	743 m/805 m	2.2%
	16.85 km/22.27 km	5.42 km	723 m/843 m	2.2%
	31.50 km/37.32 km	5.82 km	361 m/619 m	4.4%



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